

## **Transition Suitcase Packing List**

32 – 25” Wheeled Duffle Bag (x2) 1 to fill with resources, 1 empty for their clothes

Twin Size Air Mattress with built in pump

Twin Size Sheet Set

Twin Size Blanket

Pillow

Bath Towel (2)

Wash Cloth (2)

Dish Set

Shower Curtain

Full Size Hygiene Products (to fit in 6 qt plastic shoe box)

Shampoo / Conditioner (12-13 oz)

Body Wash (12.5 oz)

Lotion (6 oz)

Shaving Cream (5 oz)

Razors

Toothbrush

Toothpaste

Deodorant

Brush / Comb

GIRLS – Bag of Tampons

Socks